

RESKIN ACADEMY**PRESSURE SORE STAGE 1 IN THE SACRAL REGION****LUC GRYSON**

Bachelor of Nursing; Master of Science

President CNC wound management association
 Coordinator WOUND-Ex; Expert center of HUBrussel
 Director WZC Clep Alveringem

INTRODUCTION

Pressure sores are a significant healthcare concern, especially among the elderly and non-mobile population. Older people very often are less mobile, have an impaired nutrition status and have poor general conditions. A good prevention and adequate treatment is necessary to keep the skin healthy and to avoid pressure lesions which easily can infect and which can sometimes cause the death of the patient. Silicone dressings can support wound healing and avoid further skin damage or other problems related to the wound.

CASE REPORT**PATIENT SITUATION**

A stage 1 pressure ulcer (Non-blanchable erythema) in the sacral area is diagnosed on a 82 year (° 24/11/1918) old men the 2th of December. (Picture 1) The patient is poorly nourished and is dehydrated. The patient scores 9 on the scale of Norton. He is confused, has a severe mobility problem and is incontinent for faeces and urine.



Picture 1



Picture 2



Picture 3

USED TREATMENT AND RESULTS

On December 2nd a stage 1 pressure ulcer is diagnosed at the sacral area. The epidermal tissue shows a non-blanchable erythema in combination with other epidermal lesions. The wound is dry but painful. A RESKIN® silicone dressing – size large enough to cover the wound and the erythema – is applied after cleansing and drying of the wound and the surrounding skin. The patient is put on an alternating mattress. The dressing stays on the wound till December 9th. (Picture 2).

After removal of the dressing the 9th of December, a significant wound regression is visible. The wound isn't reddish anymore and is less irritated. The skin is dry. On December 17th the dressing is removed once again (Picture 3). The skin is dry and the wound is healed. The patient doesn't have pain sensation during the removal or application of the dressing.

From then on, the RESKIN® silicone dressing is applied to prevent further friction.

DISCUSSION

RESKIN® silicone dressings are very helpful to take care of superficial wounds and are easy to use / to apply. Despite the fact that dressings, applied in the sacral area, very often cause problems (rolling up of the dressing, dressing does not stick enough, ...), RESKIN® silicone dressings easily stay in place. The possibility to reposition the dressing is an unique feature. The dressing is easy to apply. The adhesive of the dressing is sufficient to guarantee a perfect care of the wounds and cause no irritation.

CONCLUSION

RESKIN® silicone dressing is an economic, easy to use and skin friendly dressing. The dressing supports wound healing. Dressing changes are a-traumatic and painless.